

'Here We Are'

Community-Based Sociotherapy in Byumba, Rwanda

Composed by

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Three years ago in September 2005 a sociotherapy program started in the former Byumba province in the North of Rwanda.

Sociotherapy is a method which enables people to come in small groups together, to reconnect and rebuild their personal lives and their community.

This book is written mainly by sociotherapists themselves.

It tells about their perception of life and what they were able to give to their community through sociotherapy.